

# **Moray Alcohol and Drug Partnership**

## **Quarter 4 2018/19**

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## Introduction

### 1 Introduction

This report follows the objectives of the Moray ADP Delivery Plan 2018-2021. It will focus on local milestones due to be reported on a quarterly basis and will show performance information for the past 5 quarters. Section 9 covers the current caseload of Alcohol & Drug Services in Moray and should allow for any significant trends or emerging issues to be identified.

Data used within this report has been collated from a variety of sources including; the three main support services in Moray (via the Drug & Alcohol Assessment Form), Recovery Outcome Tool reviews, Scottish Drug Misuse Database (SDMD), NHS, Police Scotland and Scottish Fire & Rescue Services.

### 2 Health; People are healthier and experience fewer risks as a result of alcohol or drug use

Milestone	Q4 2017/18	Q1 2018/19	Q2 2018/19	Q3 2018/19	Q4 2018/19	Comment
Increase the number of people trained in using Naloxone kits; ( 1 to 1 sessions) in Moray by 5%	17	18	26	24	52	In 2017/18, 69 people were trained. In 2018/19, 120 people were trained. An increase of 73.9%
Promote the use of Naloxone and record the number of supplies distributed in Moray, and many of these were re-supplies.	Naloxone Kits supplied 16 (8 of which were resupplies, & 8 new supplies	Naloxone Kits supplied – 16 (10 of which were resupplies, & 6 new supplies	Naloxone Kits supplied – 27 (18 of which were resupplies, & 9 new supplies	Naloxone Kits supplied – 31 (20 of which were resupplies, & 11 new supplies	Naloxone Kits supplied – 46 (12 of which were resupplies, & 34 new supplies	In 2017/18, 64 kits were supplied, of which 25 were new supplies. In 2018/19 120 kits were supplied (an 87.5% increase in the total number of kits), of which 60 were new; an increase of 140% in the number of new kits provided.  These figures will be kept under review given that the MADP have increased the investment in Arrows of which part of that funding is to promote the take up of Naloxone.

### 3 Prevalence; Fewer adults and children are drinking or using drugs at levels or patterns that are damaging to themselves or others

All milestones within the Prevalence objective of the 2018-2019 MADP Delivery Plan are reported on an annual basis.

**4 Recovery; Individuals are improving their health, well-being and life chances by recovering from problematic drug and alcohol use**

Recovery Outcome Reviews:

Substance use	Q4 2017/18	Q1 2018/19	Q2 2018/19	Q3 2018/19	Q4 2018/19	YTD 2017/18	YTD 2018/19	Comment
Clients reporting Improvement	n/a	28	18	37	33	n/a	117	Substance use is an Outcome that seems to score low but does show the most improvement on subsequent reviews. The past two quarters in particular have seen good progress.
Clients reporting No Change	n/a	6	5	4	11	n/a	26	
Clients reporting a Decline	n/a	4	5	15	7	n/a	31	
Average Review Score	n/a	6.2	6.0	6.4	6.3	n/a	6.3	
Average Change	n/a	1.6	1.6	1.9	2.1	n/a	1.9	

Self-Care and Nutrition	Q4 2017/18	Q1 2018/19	Q2 2018/19	Q3 2018/19	Q4 2018/19	YTD 2017/18	YTD 2018/19	Comment
Clients reporting Improvement	n/a	21	14	22	25	n/a	72	This Outcome tends to score high on review but the last two quarters have had a decrease from an average of 8.3 to 6.5. There is, on average, still an average increase from assessment though.
Clients reporting No Change	n/a	3	2	3	5	n/a	13	
Clients reporting a Decline	n/a	7	4	16	12	n/a	39	
Average Review Score	n/a	7.9	8.3	7.8	6.5	n/a	7.5	
Average Change	n/a	1.8	1.7	1.0	1.2	n/a	1.0	

Relationships	Q4 2017/18	Q1 2018/19	Q2 2018/19	Q3 2018/19	Q4 2018/19	YTD 2017/18	YTD 2018/19	Comment
Clients reporting Improvement	n/a	23	11	27	25	n/a	86	Relationships does show an average increase and the quarterly score does hover around 7.
Clients reporting No Change	n/a	6	3	10	5	n/a	24	
Clients reporting a Decline	n/a	8	11	12	19	n/a	50	
Average Review Score	n/a	7.1	7.0	6.9	7.5	n/a	7.1	
Average Change	n/a	0.8	0.4	0.6	0.3	n/a	0.8	

Physical Health and Wellbeing	Q4 2017/18	Q1 2018/19	Q2 2018/19	Q3 2018/19	Q4 2018/19	YTD 2017/18	YTD 2018/19	Comment
Clients reporting Improvement	n/a	24	13	27	24	n/a	88	This Outcome shows little average difference on review but also shows a consistent increase of just over 1 point.
Clients reporting No Change	n/a	5	7	3	10	n/a	25	
Clients reporting a Decline	n/a	6	6	14	13	n/a	39	
Average Review Score	n/a	7.2	7.1	7.2	7.2	n/a	7.2	
Average Change	n/a	1.8	1.0	1.2	1.0	n/a	1.2	

<b>Mental Health and Emotional Wellbeing</b>	<b>Q4 2017/18</b>	<b>Q1 2018/19</b>	<b>Q2 2018/19</b>	<b>Q3 2018/19</b>	<b>Q4 2018/19</b>	<b>YTD 2017/18</b>	<b>YTD 2018/19</b>	<b>Comment</b>
Clients reporting Improvement	n/a	26	12	29	27	n/a	95	
Clients reporting No Change	n/a	5	5	7	7	n/a	24	
Clients reporting a Decline	n/a	7	10	13	16	n/a	46	
Average Review Score	n/a	6.4	5.8	6.5	5.9	n/a	6.2	
Average Change	n/a	1.7	0.3	1.2	1.0	n/a	1.1	

<b>Occupying Time and Fulfilling Goals</b>	<b>Q4 2017/18</b>	<b>Q1 2018/19</b>	<b>Q2 2018/19</b>	<b>Q3 2018/19</b>	<b>Q4 2018/19</b>	<b>YTD 2017/18</b>	<b>YTD 2018/19</b>	<b>Comment</b>
Clients reporting Improvement	n/a	26	9	33	34	n/a	102	This Outcome does vary but has an average of 6.8 with a good average change of 1.4 throughout the year.
Clients reporting No Change	n/a	5	6	6	6	n/a	23	
Clients reporting a Decline	n/a	6	12	11	11	n/a	40	
Average Review Score	n/a	7.2	6.4	6.8	6.7	n/a	6.8	
Average Change	n/a	1.8	0.3	1.6	1.6	n/a	1.4	

<b>Housing and Independent Living</b>	<b>Q4 2017/18</b>	<b>Q1 2018/19</b>	<b>Q2 2018/19</b>	<b>Q3 2018/19</b>	<b>Q4 2018/19</b>	<b>YTD 2017/18</b>	<b>YTD 2018/19</b>	<b>Comment</b>
Clients reporting Improvement	n/a	6	5	13	16	n/a	40	Housing has a high review score of 8.8. There is variance in the change from assessment but the year ended with an average increase of 0.5.
Clients reporting No Change	n/a	2	3	3	2	n/a	10	
Clients reporting a Decline	n/a	6	5	11	13	n/a	35	
Average Review Score	n/a	8.8	8.7	8.8	8.7	n/a	8.8	
Average Change	n/a	0.4	-0.2	0.1	1.0	n/a	0.5	

<b>Offending</b>	<b>Q4 2017/18</b>	<b>Q1 2018/19</b>	<b>Q2 2018/19</b>	<b>Q3 2018/19</b>	<b>Q4 2018/19</b>	<b>YTD 2017/18</b>	<b>YTD 2018/19</b>	<b>Comment</b>
Clients reporting Improvement	n/a	9	4	11	11	n/a	35	Offending does have a high score on review and also shows a high average change.
Clients reporting No Change	n/a	1	2	3	3	n/a	9	
Clients reporting a Decline	n/a	4	2	8	5	n/a	19	
Average Review Score	n/a	9.1	9.3	8.8	8.8	n/a	9.0	
Average Change	n/a	1.9	0.9	1.2	2.3	n/a	1.7	

<b>Money Matters</b>	<b>Q4 2017/18</b>	<b>Q1 2018/19</b>	<b>Q2 2018/19</b>	<b>Q3 2018/19</b>	<b>Q4 2018/19</b>	<b>YTD 2017/18</b>	<b>YTD 2018/19</b>	<b>Comment</b>
Clients reporting Improvement	n/a	11	2	15	12	n/a	40	Money Matters is a measure that is not always relevant but when it is it does tend to show a large variance in average change often with average scores decreasing.
Clients reporting No Change	n/a	5	5	9	9	n/a	28	
Clients reporting a Decline	n/a	11	10	11	15	n/a	47	
Average Review Score	n/a	7.9	7.4	7.8	7.3	n/a	7.6	
Average Change	n/a	0.4	-1.9	0.4	-0.5	n/a	-0.2	

<b>Children</b>	<b>Q4 2017/18</b>	<b>Q1 2018/19</b>	<b>Q2 2018/19</b>	<b>Q3 2018/19</b>	<b>Q4 2018/19</b>	<b>YTD 2017/18</b>	<b>YTD 2018/19</b>	<b>Comment</b>
Clients reporting Improvement	n/a	4	2	9	3	n/a	18	Children is the least relevant measure as many clients do not have children. When it is relevant it does show a high variance but this is most likely due to the lower numbers.
Clients reporting No Change	n/a	0	0	5	1	n/a	6	
Clients reporting a Decline	n/a	5	0	4	5	n/a	14	
Average Review Score	n/a	7.1	10.0	7.7	7.9	n/a	7.8	
Average Change	n/a	0.0	5.0	-0.2	-0.4	n/a	0.1	

<b>Active Mutual Aid Groups</b>	<b>Q4 2017/18</b>	<b>Q1 2018/19</b>	<b>Q2 2018/19</b>	<b>Q3 2018/19</b>	<b>Q4 2018/19</b>	<b>YTD 2017/18</b>	<b>YTD 2018/19</b>	<b>Comment</b>
Maintain the number of active mutual aid groups in Moray	n/a	16	15	14	14	n/a	14	The availability of these groups has remained relatively static however these groups are external to the work undertaken by the ADP.

### **5 Families; Children & family members of people Using alcohol and drugs are safe, well supported and have improved life chances**

All milestones within the Prevalence objective of the 2018-2019 MADP Delivery Plan are reported on an annual basis.

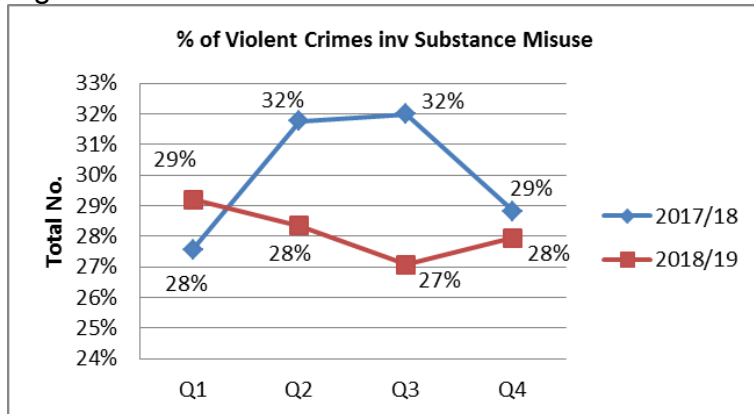
### **6 Community Safety; Communities and individuals live their lives safe from alcohol and drug related offending and ASB**

<b>Milestone</b>	<b>Q4 2017/18</b>	<b>Q1 2018/19</b>	<b>Q2 2018/19</b>	<b>Q3 2018/19</b>	<b>Q4 2018/19</b>	<b>Comment</b>
Reduction in the number of cases of vandalism, breach of the peace, assault or antisocial behaviour that have involved alcohol.	30% (103/338)	31% (126/404)	31% (121/388)	28% (101/362)	27% (86/316)	Data for the previous quarters has been updated due to revised information from Police. There is a gradual trend downwards in percentage and particularly in numbers, from 126 in Q1 to 86 in Q4.



The Community Safety Hub Monthly Tasking & Co-ordinating meeting covers performance information for the main objectives of the Community Safety Strategy, this includes various Community Safety offences and issues involving alcohol. Data to the end of quarter 4 2018/19 is noted below.

Figure 1

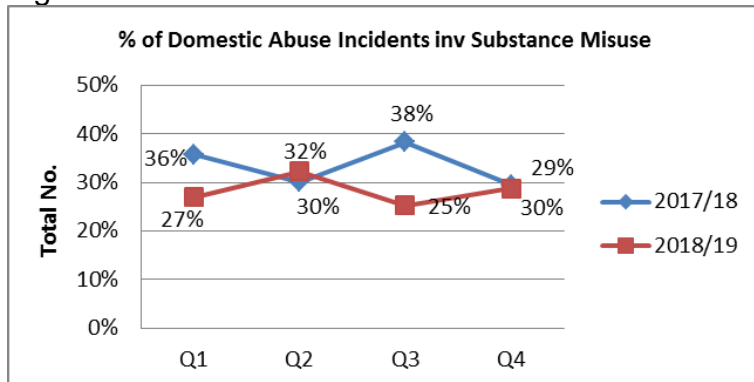


2014/15 – Total 31% (299 out of 970)  
 2015/16 – Total 24% (249 out of 1051)  
 2016/17 – Total 22% (242 out of 1124)  
 2017/18 – Total 30% (290 out of 970)  
 2018/19 – Total 28% (251 out of 890)

Violent crime involving Substance Misuse was at a lower level in 2018/19 compared to 2017/18.

Data used relates to crime files for Serious Assault and Common Assault (inc minor assault of an emergency worker) where the accused was noted as being drunk or having had a drink.

Figure 2

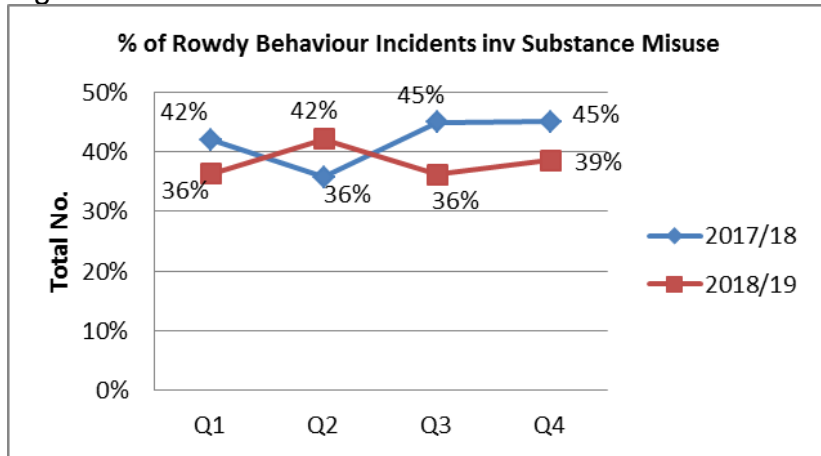


2014/15 – Total 42% (316 out of 746)  
 2015/16 – Total 50% (364 out of 721)  
 2016/17 – Total 39% (293 out of 747)  
 2017/18 – Total 34% (238 out of 710)  
 2018/19 – Total 28% (221 out of 783)

Rates of domestic abuse involving substance use shows a slightly lower percentage in 2018/19 compared to 2017/18; and it also shows a general downward percentage trend over the five year period.

Data used relates to crime files marked as a Domestic Incident that were recorded with alcohol involvement

Figure 3

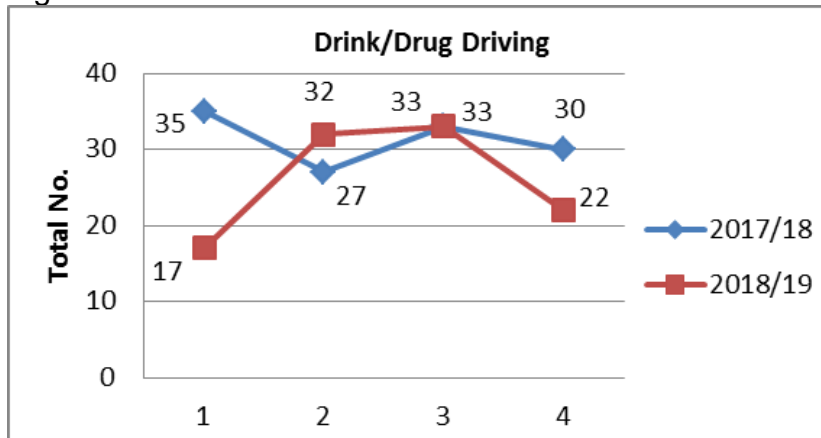


2014/15 – Total 47% (282 out of 603)  
 2015/16 – Total 45% (324 out of 719)  
 2016/17 – Total 46% (396 out of 860)  
 2017/18 – Total 41% (297 out of 719)  
 2018/19 – Total 38% (269 out of 705)

The data shows a continued downward trend over the five year period.

NB - Rowdy Behaviour inv alcohol covers Threatening or Abusive Behaviour, Breach of the Peace, Urinating, Drunk & Incapable offences recorded where the accused is noted as being drunk of having had a drink by Police only. Rowdy Behaviour complaints reported direct to the Community Safety Team do not note whether alcohol was involved.

Figure 4



2014/15 – Total 137  
 2015/16 – Total 117  
 2016/17 – Total 111  
 2017/18 – Total 122  
 2018/19 – Total 104

The data shows a continued downward trend over the five year period.

**7 Local Environment; People live in positive, health promoting local environments where alcohol and drugs are less readily available**

Milestone	Q4 2017/18	Q1 2018/19	Q2 2018/19	Q3 2018/19	Q4 2018/19	Comment
Reduction in the number of needles found by Lands and Parks in Moray	97	61	50	141	334	Of the 334 needles recorded in quarter 4, 300 were recovered by Shearpride while undertaking a clean-up of a TMC property in New Elgin.

Table 1 below shows the various locations where needles have been recovered during quarter 4. In addition to the 300 needles found within a property in New Elgin, 20 needles were also recovered in this area by Lands & Parks. There is no evidence to link the needles recovered from public areas of this street to the cleaned property.

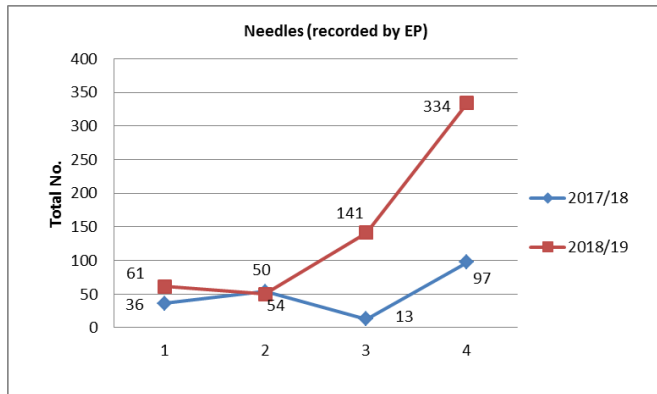
These figures for needles are from Environmental Protection and may not truly reflect needle recoveries. There is anecdotal information from third parties about needle finds but these do not relate to the data coming through from EP and may not necessarily reflect all recoveries. The CS partnership hasn't undertaken any specific action in relation to needles recently.

However, the data shows a reduction in the number of "needle finds", which may be linked to the way clean injecting equipment is provided; moving away from providing multi-packs, where unused equipment was discarded, to individual packs. A person may have more than one individual pack, with unused equipment being saved for later use.

Note: the addresses and locations of premises has not been included in this document.

Date	Town/Road	Area	Location	Dept	Total Found
25/01/2018	Elgin	New Elgin East		Lands & Parks	12
07/02/2019	Elgin	Town Centre	Lossie Wynd Car Park	Car Parks	1
07/02/2019	Elgin	New Elgin East		Lands & Parks	6
11/02/2019	Elgin	New Elgin East		Lands & Parks	4
11/02/2019	Elgin	New Elgin East		Lands & Parks	10
13/02/2019	Elgin	New Elgin East		Housing/Shearpride	300
13/02/2019	Elgin	Town Centre	Cooper Park	Recreation	1

Figure 5



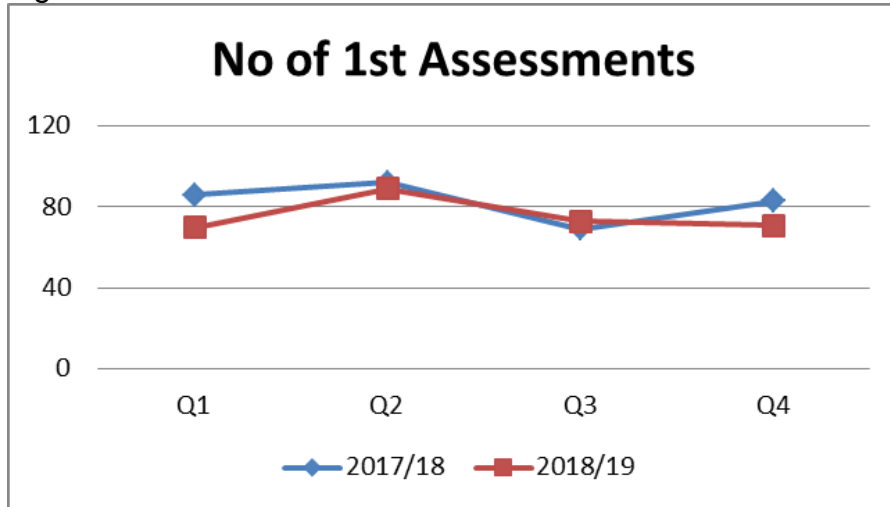
2014/15 – Total 508  
 2015/16 – Total 1367 (inc 300 found at CPB)  
 2016/17 – Total 712  
 2017/18 – Total 200  
 2018/19 – Total 586 (inc 300 found in 1 establishment in New Elgin. See comments above).

**8 Services; Alcohol and drugs prevention, treatment and support services are high quality, continually improving, efficient, evidence based and responsive, ensuring people move through treatment into sustained recovery**

Milestone	Q4 2017/18	Q1 2018/19	Q2 2018/19	Q3 2018/19	Q4 2018/19	Comment
Reduce the number of people waiting more than three weeks between referral to a specialist drug and alcohol service and commencement of treatment	3	1	0	0	0	Data taken from the Waiting Times report on the Scottish Drug Misuse Database. During quarter 4, no service users waited 3 or more weeks before starting treatment.
Number of clients in drug and alcohol services receiving 1 <sup>st</sup> Reviews within 3 Months	No data	14 of 32 (44%)	4 of 16 (25%)	No data	8 of 33 (24%)	There appear to be a low percentage of clients receiving their first review within 3 months and is on a decreasing trend.
Number of clients in drug and alcohol services receiving 2 <sup>nd</sup> Reviews within 6 Months	No data	6 of 6 (100%)	9 of 11 (82%)	No data	1 of 10 (10%)	The number of second reviews done within 6 months in Q4 was very low and a big drop from Q1 and Q2.
Number of clients in drug and alcohol services receiving 3 <sup>rd</sup> Reviews within 12 Months	No data	2 of 2 (100%)	1 of 1 (100%)	No data	2 of 5 (40%)	Despite low numbers there were only 2 people seen for their third review within a year in Q4.
Number of clients in specialist services in Moray	503	505	546	560	544	Despite a drop in numbers from Q3 to Q4 the number of active clients accessing services has increased year on year from 443 in 2016/17 to 544 in 2018/19.
Reduce the number of unplanned discharges from the Recovery Orientated System of Care in Moray by 10%.	50	49	45	47	54	Despite an increase over the last two quarters the final figure for 2018/19 was 195 compared to 216 in 2017/18 which is a 9.7% decrease (Just below target).
Increase the number of planned discharges from the Recovery Orientated System of Care who are free from problematic alcohol or other drug use by 10% by 2018	39	39	33	41	50	8 discharges were referred to another service while 41 were discharged after receiving the required amount of support and 1 was referred to their GP. The last three years the number of Planned discharges has decreased from 174 in 2016/17 to 166 in 2017/18 to 163 in 2018/19. The area with the biggest decrease was Moray Social Work Addiction Team (Elgin) Alcohol Misuse clients which had 36 planned discharges in 2016/17 down to 13 in 2018/19.

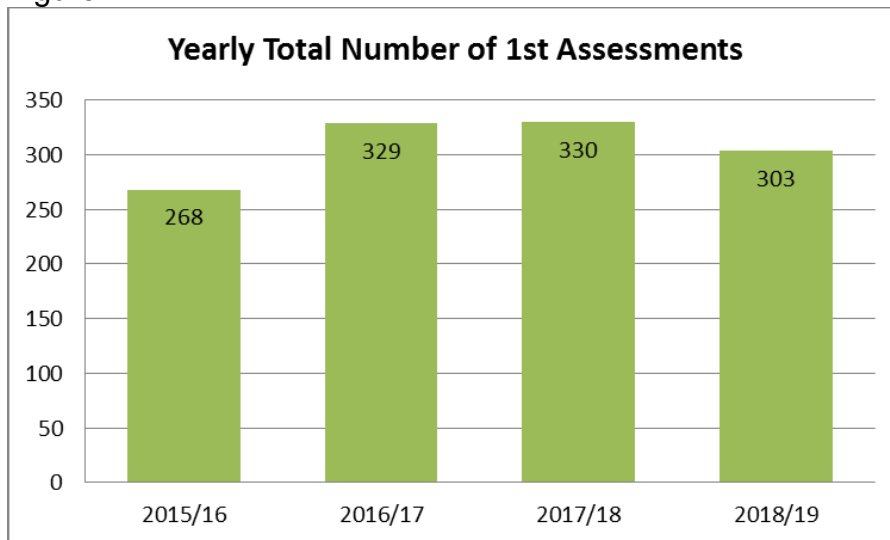
**9 New Service Users: Quarter 4 2018/19**

Figure 6



- From information supplied by Moray Alcohol & Drug Services, 71 people are recorded as having a first assessment during Q4; a decrease compared to the same quarter in the previous year, following the same seasonal pattern of a decrease from Q3 to Q4.

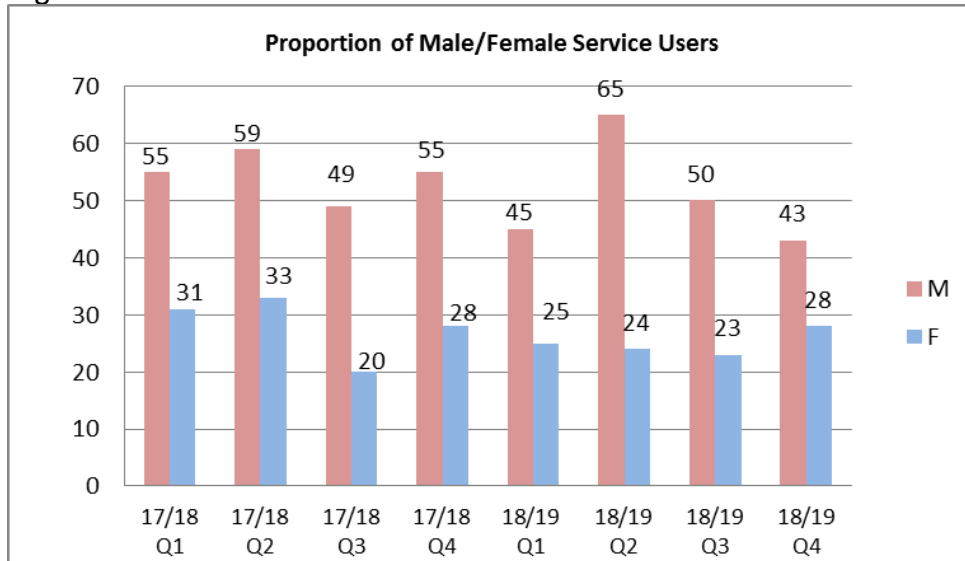
Figure 7



- Year on year the number of 1<sup>st</sup> assessments went down last year after two years of increase (significantly so from 2015/16 to 2016/17).

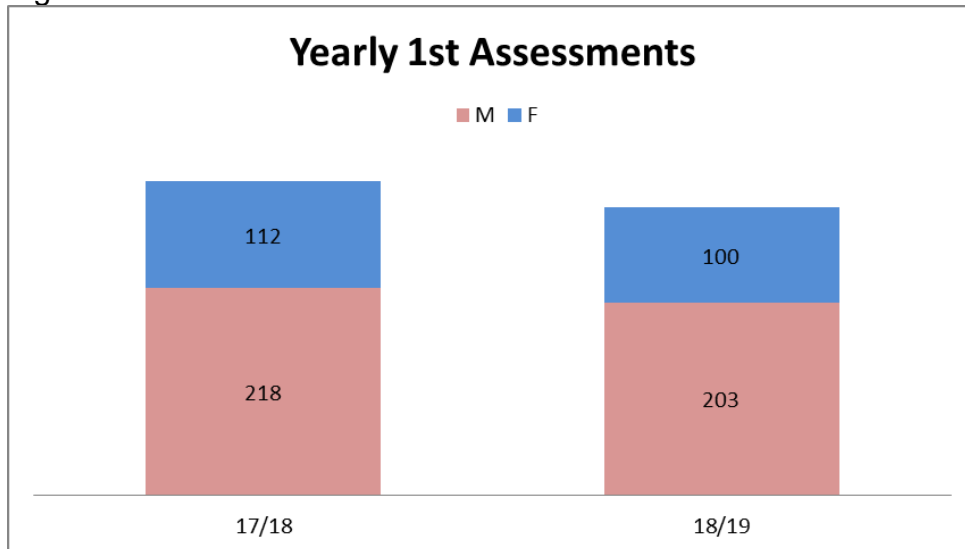
There are indications that the numbers are rising; which reflects the fluctuating trend.

Figure 8



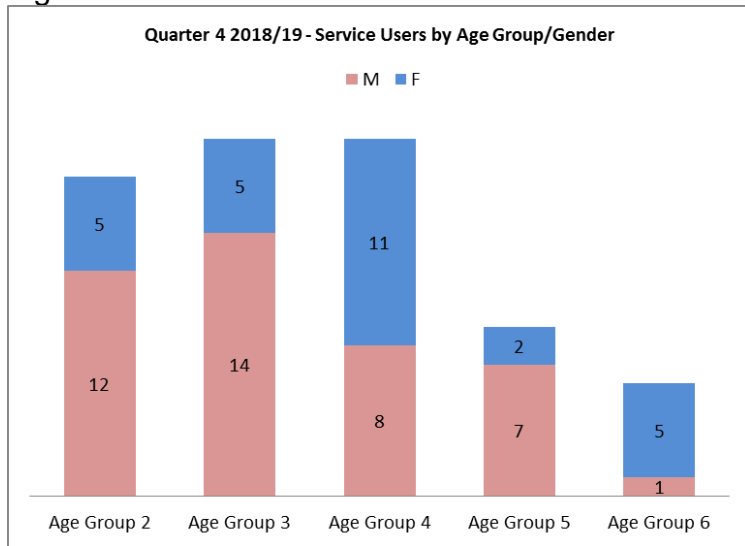
- Men continue to make up the vast majority of new service users.
- There were only two cohorts that had any significant decreases, one was the 41-50 year old Males who went from 44 to 33 and the other was 18-30 Females which went from 27 to 18.

Figure 9



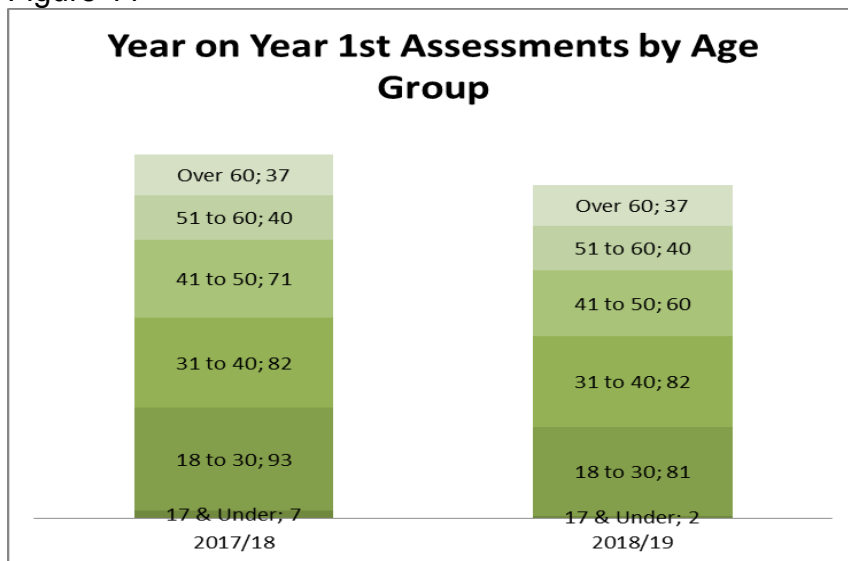
- Despite the overall number of new Service users going down from 2017/18 (330) to 2018/19 (302). Year on year the overall percentage new 1<sup>st</sup> assessments done for female clients has remained about the same 34% to 33%.

Figure 10



- Of the 70 people undertaking a first assessment in Q4, 55 (79%) were aged between 18 and 50 years old.

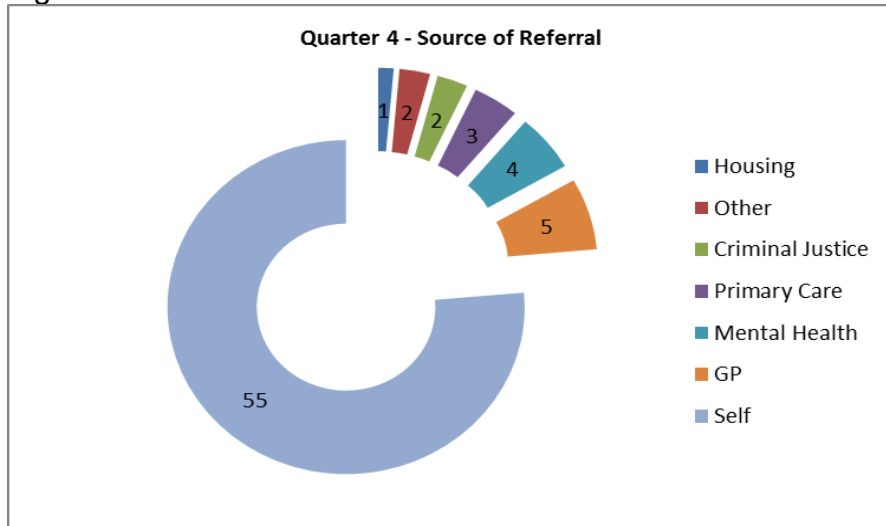
Figure 11



- Looking at the proportion of service users in the different age groups over the last two years, the decrease has been in the 41-50 (71 to 60 1<sup>st</sup> Assessments) and 18-30 (93 to 81 1<sup>st</sup> Assessments) age groups.



Figure 12



- Self-Referral continues to be the most common method of referral into the services with 76% of Service Users in quarter 4 stating this is how contact was made; the same proportion as in quarter 1, 2 and 3.
- Year on year there was a decrease in total referrals (from 328 to 303) and this decrease is primarily explained by a reduction of GP referrals (35 to 16) and Criminal Justice (15 to 9).
- There was, however, one increase in the referrals received from Mental Health, with only 4 in 2017/18 to 15 in 2018/19.

Figure 13

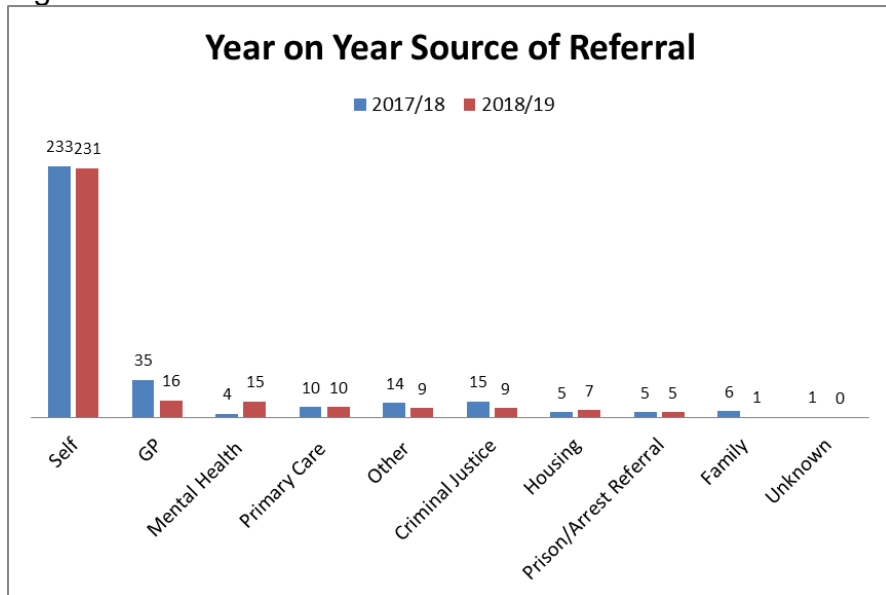
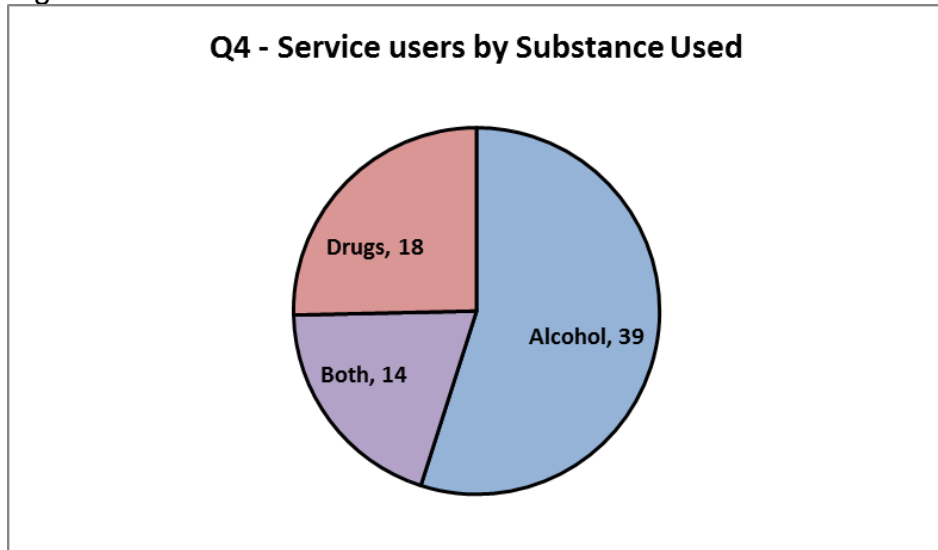


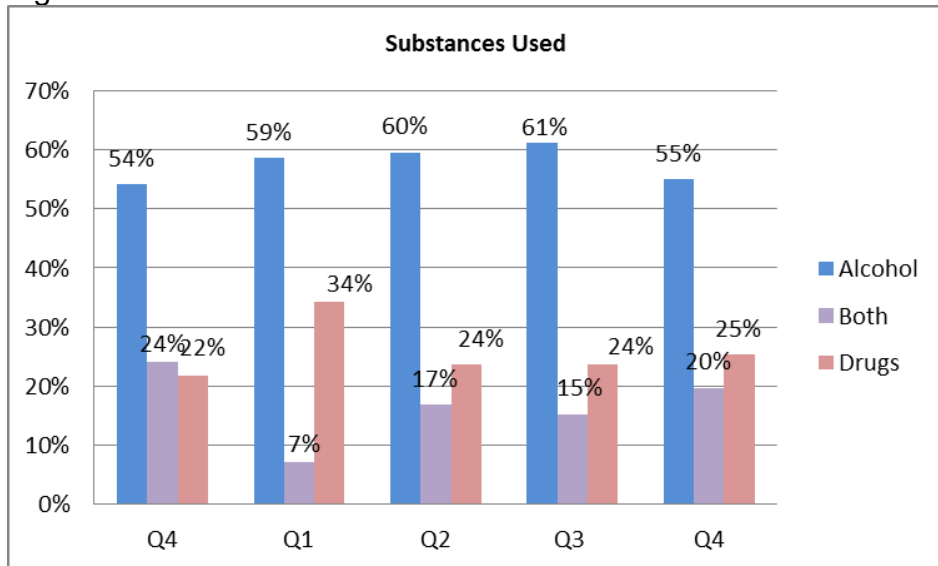
Figure 14



- Of the service users stating they used only alcohol, 46% stated they drank spirits; a higher proportion to quarter 3 (20%). 59% using alcohol stated this was on a daily basis.
- Of the 18 service users using drugs, 6 (33%) noted using cannabis.

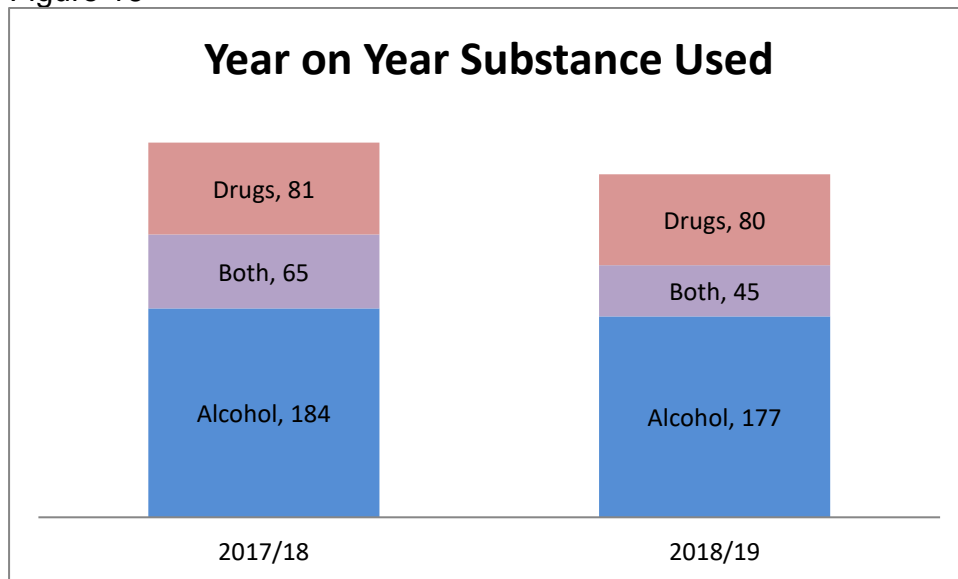
Alcohol continues to be the most commonly used substance linked to referrals.

Figure 15



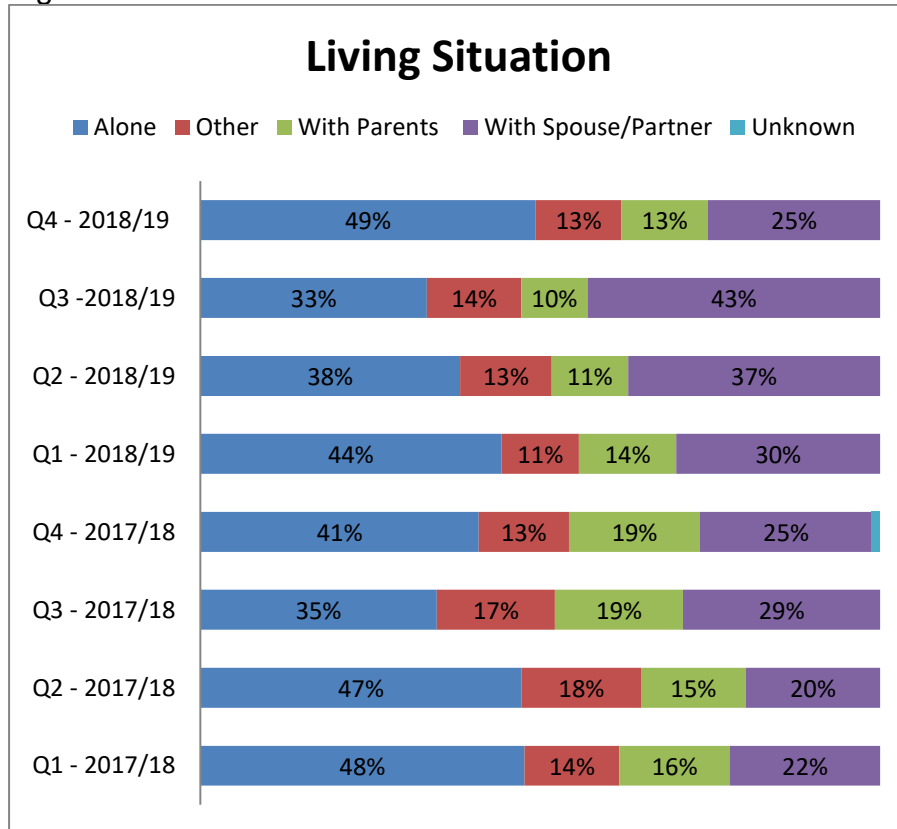
- There was a small decrease in the number of people stating they use only alcohol and a small increase in the number of people stating they use both alcohol and drugs.

Figure 16



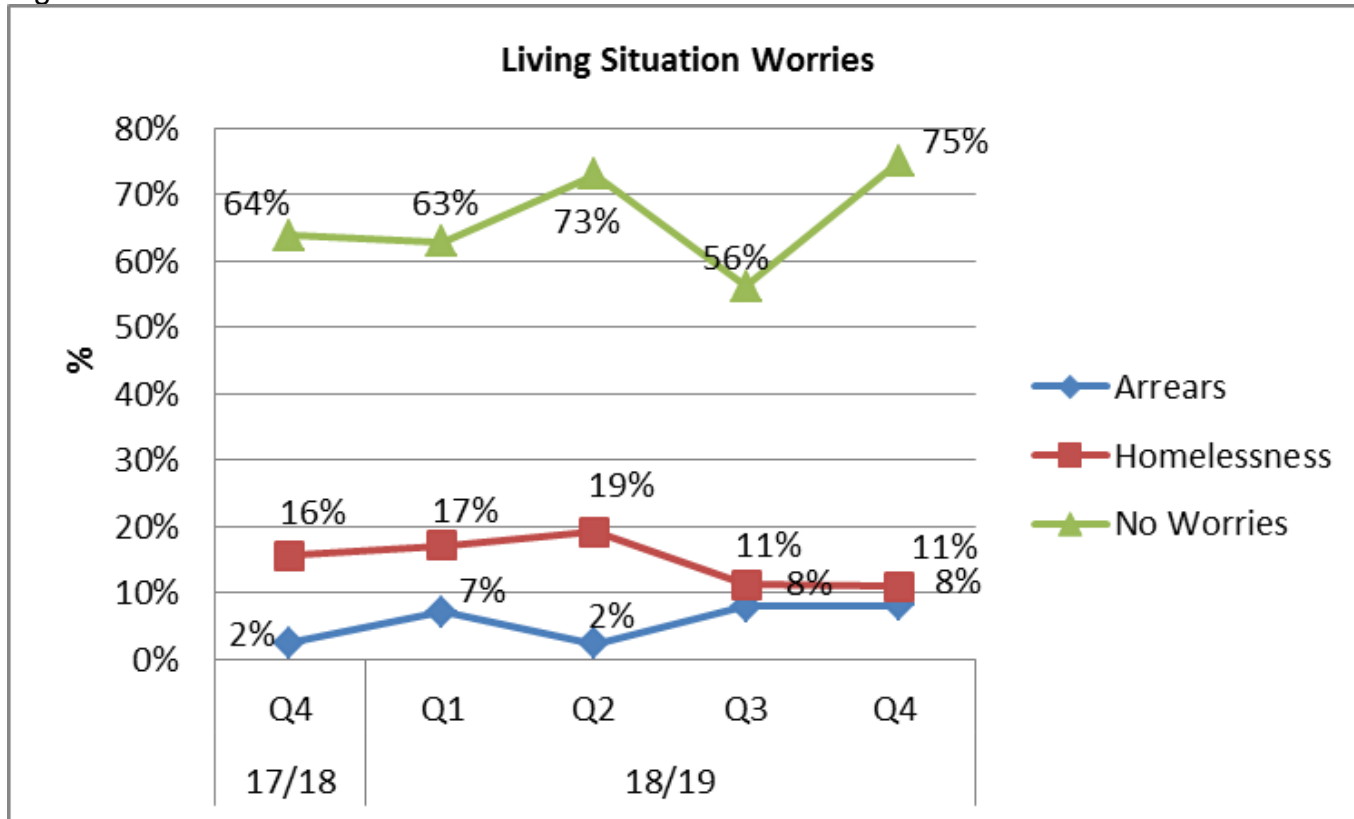
- There was a decrease in the numbers being assessed for the first time using both drugs and alcohol (65 to 45) with only small decreases in alcohol only or drugs only.

Figure 17



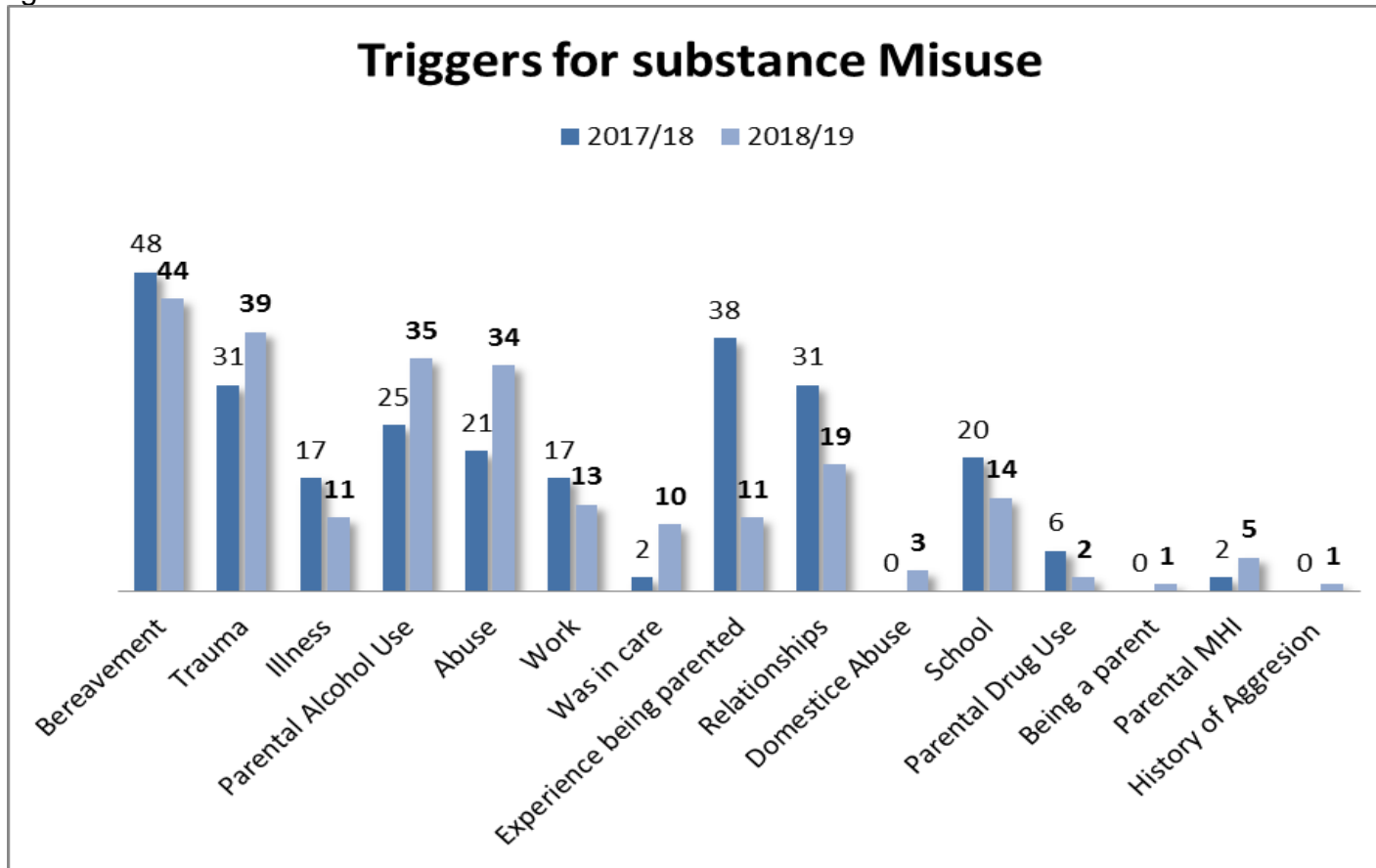
- There was an increase from 33% in Q4 to 49% in Q4 of service users stating they live alone. This is the highest percentage of those living alone in the past 2 years.
- There was a decrease in the number of people stating they lived with a spouse/partner from 43% in Q3 to 25% in Q4.

Figure 18



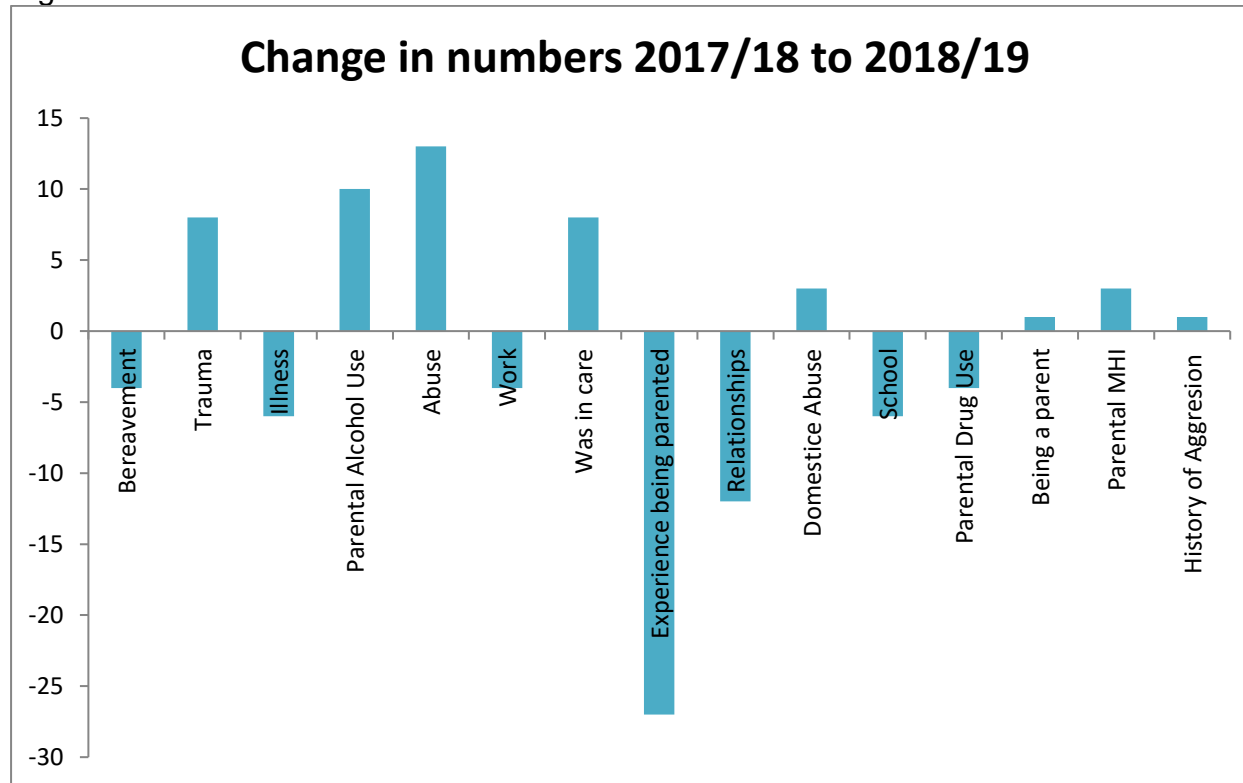
- As in previous quarters, the majority of new service users (75% - 51 out of 71) stated they had no worries in relation to their living situation but this is a significant increase on previous quarters' figures.
- Worries in relation to Homelessness and Arrears have stayed the same in quarter 4.

Figure 19



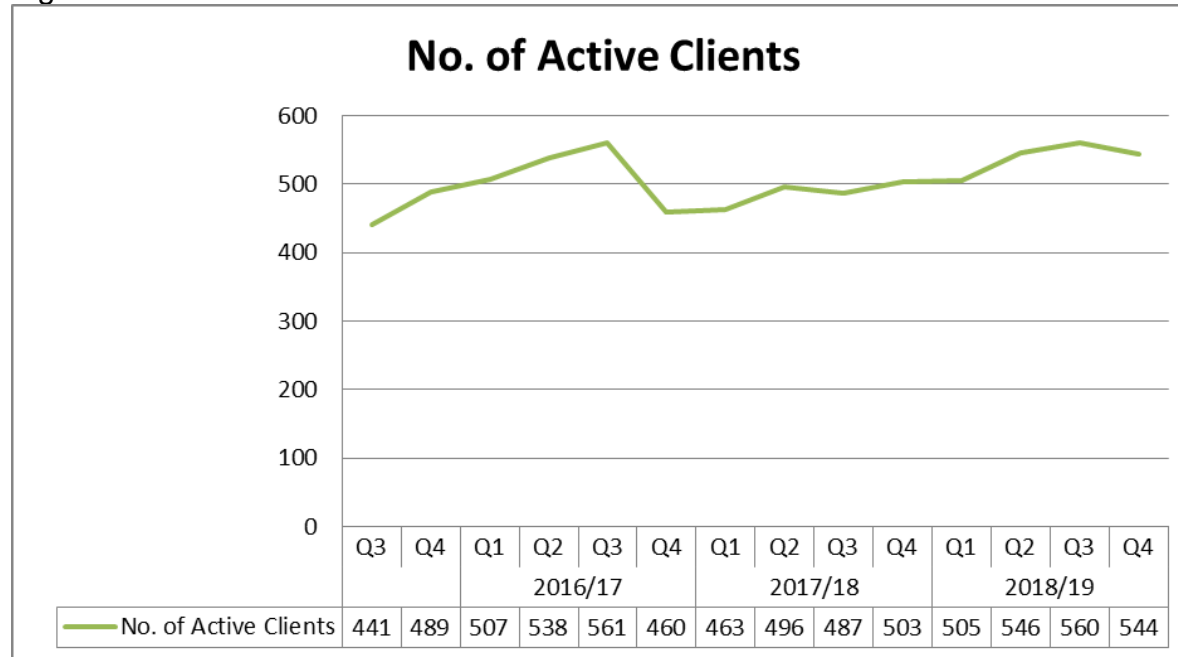
- 63 of the 71 new service users in quarter 4 provided details of what they believed had triggered their substance use problems.
- Bereavement was the most common trigger noted by new service users; increasing from 16% in quarter 3 to 21% in quarter 4. Areas linked to trauma continue to be the most common triggers linked to use e.g. bereavement, trauma, parental alcohol use, abuse, and experiences of being parented.

Figure 20



- The number of people who were recorded as having a “Experience being Parented” saw a big decrease in 2018/19 and those having “Abuse” and “Parental Alcohol Use” increased.

Figure 21



- While there was a slight decrease in the number of active clients in Q4 the long term trend over the last two years has been increasing.

**10 Recovery Outcome Tool Reviews: Quarter 4 2018/19**

On 01 July 2017, the Moray Alcohol & Drug Partnership moved from Outcome Star to the Recovery Outcome (RO) Tool. The RO tool was developed as a key component of the Drug & Alcohol Information System (DAISy) with the aim of providing a consistent and comparable picture of recovery for drug and alcohol service users across Scotland. This tool, which will be mandatory for all ADPs from April 2018 when the DAISy system goes live, tracks the progress of Service Users over 10 key areas;



<b>Data item</b>	<b>Definition</b>
<b>Substance Use</b>	Overall stage of recovery in Substance Misuse.
<b>Self-care &amp; Nutrition</b>	Overall stage of looking after self, including diet and nutrition, personal hygiene, fitness, personal safety and being able to keep appointments.
<b>Relationships</b>	Overall score for relationships with child(ren), partner, family, friends, including isolation, stability, and involvement in recovery communities, wider social networks, and safety in these relationships.
<b>Physical Health &amp; Wellbeing</b>	Overall score for physical health, including Blood Borne Viruses (BBVs), wound care, sexual & reproductive health (for males and females), circulatory and respiratory health, chronic pain, recent overdose events, nerve damage, keeping medical appointments and taking medication as prescribed.
<b>Mental Health &amp; Wellbeing</b>	Overall score for mental and emotional wellbeing, including coping skills, stress, anger management, establishing boundaries, sleep routines, trauma, alcohol related brain damage (ARBD), head injuries, self-worth, personal resilience, outlook/maturity, keeping appointments and taking medication as prescribed.
<b>Occupying Time &amp; Fulfilling Goals</b>	Overall score for occupying time and fulfilling personal goals such as employability, training, education, employment, volunteering, personal values and beliefs, dreams and aspirations, and enjoyment.
<b>Housing &amp; Independent Living</b>	Overall score for housing and independent living, including safe, secure and appropriate accommodation, anti-social behaviour, tenancy care, rent (see also Money Matters), housing applications, necessary furnishings, living with family or in a shared living space. (NB. This outcome may not be applicable for those currently in prison or long term residential/hospital care with more than 6 months before returning home or to the community.)
<b>Offending</b>	Overall score for offending activity, including frequency and severity of offending, engaging with rehabilitation work, through care plan (if appropriate), complying with any court/bail orders. Offending would include any of the following: involvement in drug supply/possession, shop lifting, theft/burglary, involvement in prostitution, drink driving, drug or alcohol aggravated assault, unpaid fines, etc. (NB. Individuals with no offending activity would have an outcomes score of 10.)
<b>Money Matters</b>	Overall score for individual's financial situation being under control, including bank accounts, paying bills fully/on time, payments for rent and related utilities (e.g. electricity/gas/telephone), budgeting, welfare benefits issues (applications, appeals, sanctions, appointments), utilising money advice and advocacy, financial stress and accessing support such as food banks and Credit Unions.
<b>Children</b>	Overall score for child wellbeing and parenting, including individual's parenting skills, contact with child(ren), child practical, emotional and physical wellbeing, child's plan, child(ren)'s school attendance, complying with any children and family social work involvement and/or children's hearing system requirements. (NB. This outcome is applicable for those with dependent children or child contact arrangements, where the children are under the age of 16 years, or living in a home where for example a partner's children live or visit.)

Between 1<sup>st</sup> January and 31<sup>st</sup> March 2019, 51 progress reviews are recorded as having taken place; 33 were a first review, 10 were a second review, 5 were review number three and 1 was a fourth review and 2 fifth reviews.

Figure 22

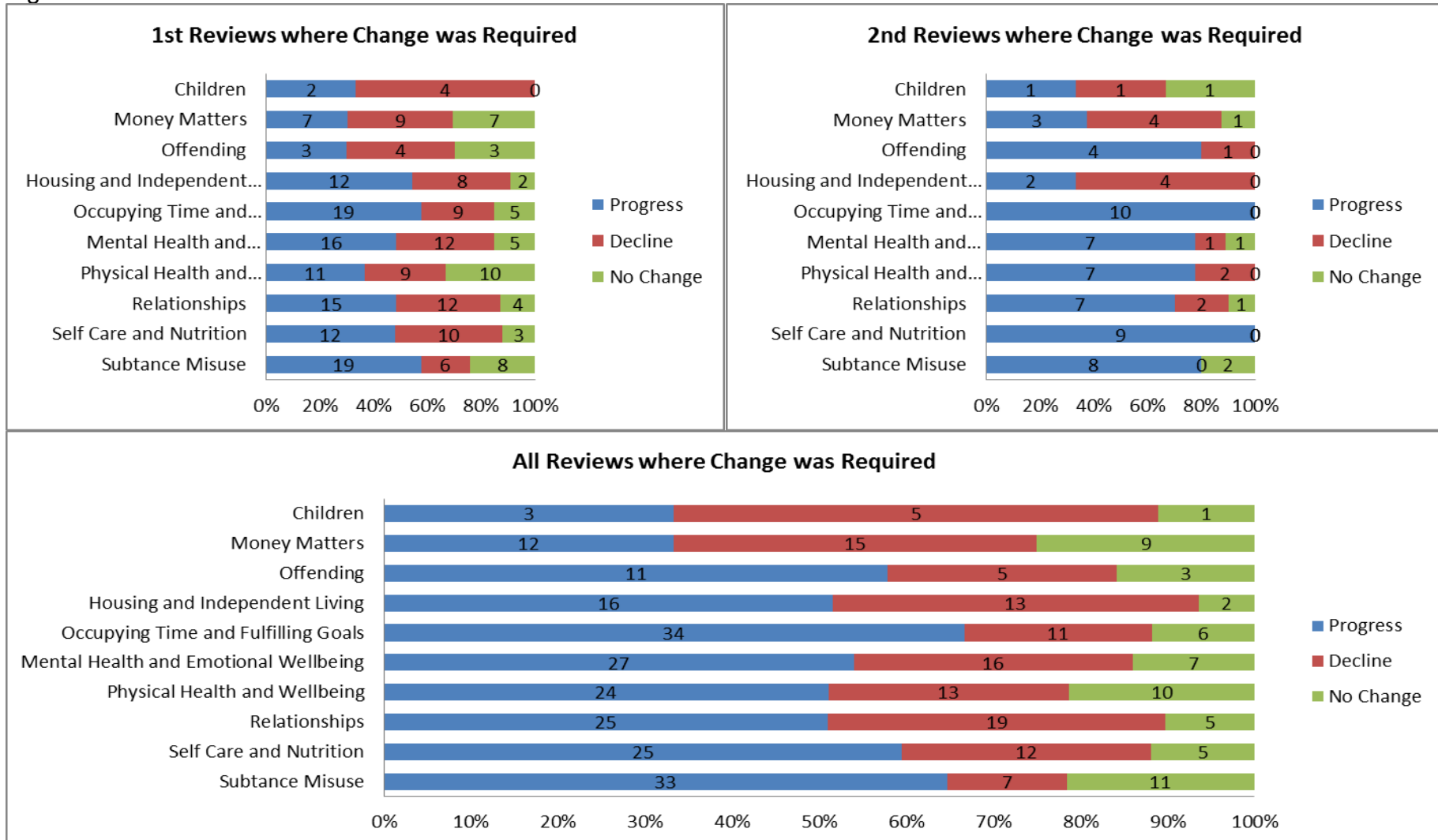


Figure 23

Quarter 4 2018/19 Reviews										
1st Review	Substance Misuse	Self Care and Nutrition	Relationships	Physical Health and Wellbeing	Mental Health and Emotional Wellbeing	Occupying Time and Fulfilling Goals	Housing and Independent Living	Offending	Money Matters	Children
Progress	19	12	15	11	16	19	12	3	7	2
Decline	6	10	12	9	12	9	8	4	9	4
No Change	8	3	4	10	5	5	2	3	7	0
Total Change Required	33	25	31	30	33	33	22	10	23	6
No Change Required	0	8	2	3	0	0	11	23	10	27
2nd Review	Substance Misuse	Self Care and Nutrition	Relationships	Physical Health and Wellbeing	Mental Health and Emotional Wellbeing	Occupying Time and Fulfilling Goals	Housing and Independent Living	Offending	Money Matters	Children
Progress	8	9	7	7	7	10	2	4	3	1
Decline	0	0	2	2	1	0	4	1	4	1
No Change	2	0	1	0	1	0	0	0	1	1
Total Change Required	10	9	10	9	9	10	6	5	8	3
No Change Required	0	1	0	1	1	0	4	5	2	7
3rd Review	Substance Misuse	Self Care and Nutrition	Relationships	Physical Health and Wellbeing	Mental Health and Emotional Wellbeing	Occupying Time and Fulfilling Goals	Housing and Independent Living	Offending	Money Matters	Children
Progress	3	3	2	4	3	3	1	1	0	0
Decline	1	2	3	1	2	2	1	0	2	0
No Change	1	0	0	0	0	0	0	0	0	0
Total Change Required	5	5	5	5	5	5	2	1	2	0
No Change Required	0	0	0	0	0	0	3	4	3	5
4th & 5th Review	Substance Misuse	Self Care and Nutrition	Relationships	Physical Health and Wellbeing	Mental Health and Emotional Wellbeing	Occupying Time and Fulfilling Goals	Housing and Independent Living	Offending	Money Matters	Children
Progress	3	1	1	2	1	2	1	3	2	0
Decline	0	0	2	1	1	0	0	0	0	0
No Change	0	2	0	0	1	1	0	0	1	0
Total Change Required	3	3	3	3	3	3	1	3	3	0
No Change Required	0	0	0	0	0	0	2	0	0	3
All Reviews	Substance Misuse	Self Care and Nutrition	Relationships	Physical Health and Wellbeing	Mental Health and Emotional Wellbeing	Occupying Time and Fulfilling Goals	Housing and Independent Living	Offending	Money Matters	Children
Progress	33	25	25	24	27	34	16	11	12	3
Decline	7	12	19	13	16	11	13	5	15	5
No Change	11	5	5	10	7	6	2	3	9	1
Total Change Required	51	42	49	47	50	51	31	19	36	9
No Change Required	0	9	2	4	1	0	20	32	15	42